

Manual Handling Update & Study Day

“A study day to explore balanced decision making and build on problem solving skills”



The need for knowledge:

A safer lifting environment cannot be maximised without profound clinical, legal and product knowledge, as well as the practical expertise of the healthcare professional involved. To meet these important requirements, Joerns Healthcare has developed a training course: 'Manual Handling Update & Study Day' to enable healthcare professionals to explore balance decision making and build on their problem solving skills in the moving and handling environment.

Course aims:

To update healthcare professionals on changes and the interpretation of current legislation, guidelines and professional 'best practise' and to give confidence to participants to use their problem solving skills.

Who should attend?

Clinical staff with a supervisory role at Key Trainer level or above, who have responsibility for moving patients as part of their professional role.

Learning outcomes:

At the end of the course, participants will:-

- Update their knowledge on changes to legislation (and interpretation of legislation) and professional guidelines.
- Have a clear understanding of the legal responsibilities of providing care for clients.
- Understand the need for robust moving and handling documentation and good record keeping.
- Have an opportunity to explore risk assessment tools.
- Have the opportunity to discuss and share best practise in the training/supervision of staff.
- Be able to demonstrate safer moving and handling techniques based on sound risk assessments and an understanding of underlying principles of good practise.
- Have the opportunity to discuss challenging handling situations and to look at strategies to reduce the risks.
- To know where to find further information and support.

Programme development:

This course has been developed by a group of highly credible expert consultants, and is an initiative by Joerns Healthcare, the manufacturer of Oxford hoists.

Certification:

This course has been officially certified by CPD. Each course participant will be awarded a certificate of attendance upon successful completion.

Additional information:

- Seminars are organised in convenient locations across the country.
- Each seminar covers essential background theory in addition to practical based training in small work groups.
- Each seminar is tutored by an independent clinical health care consultant.

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Programme Agenda

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|----------------|---|
| 9.15am | Coffee and registration |
| 9.30am | Introductions |
| 9.45am | The law and how it may affect you
A brief revision of current legislation, duty of care and record keeping |
| 10.45am | Coffee |
| 11.15am | Establishing competency in practical moving and handling skills |
| 12.30pm | Lunch |
| 1.00pm | Practical handling techniques
Revision and practice - gathering evidence to support practice |
| 3.00pm | Tea |
| 3.15pm | Problem solving workshop
Feedback and demonstrations |
| 4.15pm | Completion of training records |
| 4.30pm | Certificates, reflection and finish |

Consultant Team

This course is an initiative by Joerns Healthcare, the manufacturer of Oxford hoists. Joerns Healthcare's training courses have been developed by a group of highly credible expert consultants including:



Jacqui Smith
MSc, MCSP Cert OH

Consultant occupational health
physiotherapist and ergonomist

Chairman of the ACPOHE

Editor of Handling of People 2005,
and of The Column - Journal of
National Back Exchange

Law society registered expert witness



Julia Love
Nurse

Moving and Handling Trainer and
Consultant

Chair of Yorkshire Back Exchange



Pam Rose
MCSP

Moving and Handling Trainer and
Consultant

Member of the Expert Witness
Institute

Trainer for OCPPP

Member of the ACPOHE



Marilyn Berry
MBA, MCSP, Grad. Dip. Phys.

State Registered Physiotherapist

Moving and Handling Trainer and
Consultant



For further information on the 'The Principles and Practice of Moving and Handling' course including details on how to reserve your place, visit www.joerns.co.uk, call **0844 811 1156** or alternatively, email training@joerns.co.uk.



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