

The Principles and Practice of Moving and Handling



The need for knowledge:

A safer lifting environment cannot be maximised without profound clinical, legal and product knowledge, as well as practical expertise of the healthcare professional involved with moving and handling patients. Thus, if you are searching for a credible and comprehensive training course that delivers the key principles and best practices relating to moving and handling, look no further. Joerns Healthcare has developed the course: **'The Principles and Practice of Moving and Handling'** to meet this important requirement.

Course objectives:

By the end of the course each attendee should:

- Have an understanding of the legislation relating to moving and handling, health and safety, human rights and Duty of Care as well as the moving and handling guidelines from the relevant professional bodies (e.g. RCN, CSP).
- Be able to identify areas of potential risk when handling people and be in a position to take steps to remove or reduce the risk.
- Be able to demonstrate safer moving and handling techniques based on sound risk assessments and an understanding of underlying principles of 'good' practice.
- Be able to adapt moving and handling techniques to meet individual client needs.
- Be familiar with a range of moving and handling equipment to meet individual people's needs.
- Be able to make sound decisions about choosing the right moving and handling equipment to meet the needs of the work area.

Who should attend?

This course has been designed to offer maximum benefit to those involved in: Manual Handling, Back Care, Risk Assessment, Nursing, Occupational Therapy, Physiotherapy plus anyone involved in care in the community.

Reference material:

- Handling of People, 5th edition
- FIM scoring
- HIT (Hoist Identification Tool)
- CSP Manual Handling Guidelines
- RCN Manual Handling Training Guidance

Programme development:

The course 'The Principles and Practice of Moving and Handling' has been developed by a group of highly credible expert consultants, and is an initiative by Joerns Healthcare, the manufacturer of Oxford hoists.

Certification:

'The Principles and Practice of Moving and Handling' has been officially certified by CPD. Each course participant will be awarded a certificate of attendance upon successful completion.

Additional information:

- Seminars are organised in convenient locations across the country.
- Each seminar covers essential background theory in addition to practical based training in small work groups.
- Each seminar is tutored by an independent clinical health care consultant.



The Principles and Practice of Moving and Handling

Course Agenda

Day 1	Day 2	Day 3
9.15am Coffee and signing in	9.30am Coffee and signing in Introductions to the day Questions from day one	9.30am Coffee and signing in Introductions to the day Questions from day two
9.30am Introductions	9.45am Principles of safer hoisting - Puwer & Loler - Types of hoists and slings	9.45am Introduction taster to specialist slings, options and specials
9.50am Introduction to the relevant legislation Professional guidelines CSP, RCN Legal Responsibilities Employer/employee	10.15am Getting to know the hoist Visual checks before each hoisting task	11.00am Coffee
11.00am Coffee	11.00am Coffee	11.15am Practical session (continued) Movement in bed (self help, minimal assistance, slides and hoisting) - Sitting forward in bed - Turning in bed
11.15am The risk assessment process Generic risk assessments Individual patient risk assessing	11.15am Advantages of electric/hydraulic hoists	12.30pm Lunch
12.30pm Lunch	11.35am Introduction to Oxford hoist identification tool	1.15pm Problem solving workshop
1.15pm Functional anatomy of the spine	12.10pm Controversial handling techniques	2.30pm Tea
1.45pm Principles of safer moving and handling	12.30pm Lunch	2.45pm Presentation from problem solving
2.30pm Tea	1.15pm Practical session Assisting a client to stand - Minimal assistance - Assistance of two - Standing transfers - Assisted standing transfers - Movement in bed (self help techniques and assistance)	3.00pm Feedback Questions Completion of training records Evaluation
2.45pm Patient handling - Normal movement patterns	3.00pm Tea	4.00pm Practical session Presentation of certificates End of course
3.15pm Assisting a person to stand - Basic facilitation techniques	4.15pm Questions Completion of training records End of day two	
4.15pm Questions Completion of training records End of day one		

Consultant Team

The course 'The Principles and Practice of Moving and Handling' is an initiative by Joerns Healthcare, the manufacturer of Oxford hoists. The course has been developed by a group of highly credible expert consultants including:



Jacqui Smith
MSc, MCSP Cert OH

Consultant occupational health
physiotherapist and ergonomist

Chairman of the ACPOHE

Editor of Handling of People 2005,
and of The Column - Journal of
National Back Exchange

Law society registered expert witness



Julia Love
Nurse

Moving and Handling Trainer and
Consultant

Chair of Yorkshire Back Exchange



Pam Rose
MCSP

Moving and Handling Trainer and
Consultant

Member of the Expert Witness
Institute

Trainer for OCPPP

Member of the ACPOHE



Marilyn Berry
MBA, MCSP, Grad. Dip. Phys.

State Registered Physiotherapist

Moving and Handling Trainer and
Consultant



For further information on the 'The Principles and Practice of Moving and Handling' course including details on how to reserve your place, please call **01384 44 66 88**. Alternatively, please email **training@joerns.co.uk**.



Joerns Healthcare Limited

High Street, Wollaston, Stourbridge, West Midlands DY8 4PS England

(T) +44 (0)1384 446622 (F) +44 (0)1384 446601

www.joerns.co.uk • email: training@joerns.co.uk

BRO/STEPSCSE/0705 Rev. A